

# BARCLAY HOUSE HEALTH AND BEAUTY

Dear Guest

Whilst enjoying your stay at Barclay House, why not give yourself an extra pampering by booking some beauty treatments during your stay. We can offer:

## Price List

Full Body Aromatherapy Massage (1 hr)	£34
Full Body Aromatherapy Massage including face (1hr 15 mins)	£39
Back Aromatherapy Massage (30 mins)	£29
Foot Reflexology (45 mins)	£34

Please note that the treatment times stated above do not include the consultation with the therapist.

Any guests over the age of 60 can take advantage of a 10% discount!

## Don't Forget.....

You can combine your pampering Health and Beauty treatment with a work out in the gym, relaxing in the sauna, and in the summer why not take a dip in our out door heated swimming pool.

To book a treatment, please contact reception and dial "0"  
Go on spoil yourself – you deserve it!

Gill and Graham